

AWA – Adirondack Wilderness Adventure Fact Sheet

AWA is Word of Life Islands newest two week specialty camp offering students the opportunity to experience personal growth through the great outdoors!

Mission - Using wilderness experiences to teach young men and women to know Jesus through His creation, Biblical community, and spiritual disciplines.

Two Week Co-Ed Program

- **Week 1** camper participates as an Island camper but with AWA counselor and co-AWA participants, additional instruction/training courses will be taught in the first week such as:
 - o Map and compass
 - o Camp craft
 - o Survival skills
 - o Cookery
 - o Nutrition/Hydration
 - o Tools/Equipment

Week 1 will also include a day hike off Island and community service opportunity.

- **Week 2** camper has the opportunity to apply outdoor skills learned through a 4 day/3 night backpacking trip in the Adirondack High Peaks wilderness area under the leadership of the AWA staff.

Staff – AWA Counselors are uniquely qualified and trained to lead wilderness trips in the Adirondack Mountains. Training for staff includes Wilderness First Aid, Lifeguarding, and CPR. The total camper/counselor ratio will not exceed 1 to 3.

Housing – During both weeks, participants will be camping in tents. Bath houses will be available during the time they are on the Island. Campers will always camp in gender specific tent areas with a counselor.

Additional Cost – Cost is the same as a regular week of camp. Final price is the cost of 2 weeks of Island camp.

Skills/Knowledge required – An application and acceptance is required. No previous backpacking experience necessary but the program is intended to be physically demanding and camping conditions will be rugged.

Health condition required

- An application and acceptance is required.
- Participants must be able to at least run 1.5 miles in under 12 min.
- Participants must be able to pass the Island swim test.
- The backpacking trip will be physically strenuous, even for teens active in sports.
- A doctor's note may be required to participate if applicant has any activity induced health challenges.

Gear Required – A full gear list is available upon request. Participants are responsible to provide all their own personal gear which includes:

- Hiking boots
- Sleeping bag and mat
- Rain Jacket
- Outdoor clothing/socks
- Water bottles/eating utensils

*Word of Life will loan each participant a backpack for the backpacking trip.

Dates of Program –

- Session A - Week 1 and 2
- Session B - Week 3 and 4
- Session C - Week 5 and 6
- Session D - Week 7 and 8